

Name: _____ Preferred name: _____ DOB: ____/____/____

Gender: Male / Female / Gender diverse / Other _____ Pronouns: _____

Do you have any, or have had any of the following medical problems? Or is there a family history of the following:

| | Self | Family | | Self | Family |
|--------------------------------------|------------------------------|------------------------------|--------------------------|------------------------------|------------------------------|
| Diabetes | <input type="checkbox"/> Yes | <input type="checkbox"/> Yes | High cholesterol | <input type="checkbox"/> Yes | <input type="checkbox"/> Yes |
| High blood pressure | <input type="checkbox"/> Yes | <input type="checkbox"/> Yes | Stroke or TIA | <input type="checkbox"/> Yes | <input type="checkbox"/> Yes |
| Heart disease or problems | <input type="checkbox"/> Yes | <input type="checkbox"/> Yes | Blood clots | <input type="checkbox"/> Yes | <input type="checkbox"/> Yes |
| Heart Attack or angina <60yr >60yr | <input type="checkbox"/> Yes | <input type="checkbox"/> Yes | Migraine | <input type="checkbox"/> Yes | <input type="checkbox"/> Yes |
| Asthma | <input type="checkbox"/> Yes | <input type="checkbox"/> Yes | Epilepsy | <input type="checkbox"/> Yes | <input type="checkbox"/> Yes |
| Other lung or respiratory disease | <input type="checkbox"/> Yes | <input type="checkbox"/> Yes | Breast cancer | <input type="checkbox"/> Yes | <input type="checkbox"/> Yes |
| Kidney disease or problems | <input type="checkbox"/> Yes | <input type="checkbox"/> Yes | Other cancer | <input type="checkbox"/> Yes | <input type="checkbox"/> Yes |
| Liver disease or Hepatitis | <input type="checkbox"/> Yes | <input type="checkbox"/> Yes | Glaucoma or eye problems | <input type="checkbox"/> Yes | <input type="checkbox"/> Yes |
| Bowel disease or problems | <input type="checkbox"/> Yes | <input type="checkbox"/> Yes | Thyroid problems | <input type="checkbox"/> Yes | <input type="checkbox"/> Yes |
| Joint disease or problems, arthritis | <input type="checkbox"/> Yes | <input type="checkbox"/> Yes | Food allergies | <input type="checkbox"/> Yes | <input type="checkbox"/> Yes |
| Depression and/or anxiety | <input type="checkbox"/> Yes | <input type="checkbox"/> Yes | Eczema | <input type="checkbox"/> Yes | <input type="checkbox"/> Yes |
| Other mental health illnesses | <input type="checkbox"/> Yes | <input type="checkbox"/> Yes | Hay Fever | <input type="checkbox"/> Yes | <input type="checkbox"/> Yes |

1. Do you have any other **health, disability problems or inherited conditions?** – *please list*2. Please list any **regular medications** that you take:3. Have you had any **operations?** ☐ Yes ☐ No *If yes, please list*4. Are you **allergic** to any medications? ☐ Yes ☐ No *If yes, please list*5. Do you **smoke?** ☐ No ☐ Yes If yes, how many / day _____
If Yes - would you like help to **quit smoking** ☐ Yes ☐ NoHave you **ever smoked?** ☐ No ☐ Yes If yes, how much and for how long _____
when did you give up _____6. Do you drink **alcohol?** ☐ No ☐ Yes If yes, on average, how much / week? _____
and what type _____7. Do you use recreational drugs? ☐ No ☐ Yes8. Do you do any **physical activity?** ☐ Yes ☐ No If yes, for how long, how many days a week and what type?

9. Do you have any dietary requirements? Vegetarian / vegan / other _____

10. When was your last Tetanus booster? _____

11. Are your childhood immunisations up to date? ☐ Yes ☐ No ☐ Don't know**Women:**12. When was your most recent cervical smear? _____ *(those over 25 years & sexually active)*13. Have you ever had an abnormal smear? ☐ Yes ☐ No ☐ Don't know14. Have you had a mammogram *(those over 40 years)?* ☐ No ☐ Yes If Yes, when? _____

Signed: _____

Date: _____